

CNBE International Symposium 2025

Systems Approaches for Health and Exercise Science

June 25th, Wednesday, Room 306, East 3 Building

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|-----------------|--|
| 12:00 | Opening Remarks
Hidetaka Okada (the Director of CNBE) |
| 12:10
-13:20 | |
| 14:30
-15:50 | Presentations
CNBE members |
| | |

**16:15
-17:45**

Invited lecture

「Modeling how muscles grow: Towards mechanism-based optimization of muscular hypertrophy through resistance training and nutrition」



David C. Clarke

**(Biomedical Physiology and Kinesiology,
Simon Fraser University)**

Organizers: Daisuke Hoshino, Soichi Ando, and Hidetaka Okada

Program

